

healthS+VE[®] pharmacy

SHOP LOCAL



\$39⁹⁹
EA

GLUCERNA

Chocolate or Vanilla Powder 850g

Food for Special Medical Purposes. Use under medical supervision.



SAVE \$2.80
OFF RRP*

\$8⁴⁹
EA

DYMADON

Paracetamol For Kids 2-12 Years Strawberry or Orange Flavour Oral Liquid

Always read the label and follow the directions for use. Incorrect use could be harmful.



A



B



FROM

\$12⁴⁹

FESS

A. Saline Nasal Spray Eucalyptus 30mL \$12.49
B. Saline Nasal Spray 75mL \$14.99

Always read the label and follow the directions for use.



SAVE \$2.71
OFF RRP*

\$12⁴⁹
EA

ROBITUSSIN

Oral Liquid 200mL (Selected Variants)

Always read the label and follow the directions for use.



25% OFF RRP*

SAVE \$2.50
OFF RRP*

\$7⁴⁹
EA

DIFFLAM

Plus Anaesthetic Sore Throat 16 Lozenges (Selected Variants)

Always read the label and follow the directions for use.

A



B



FROM

\$19⁹⁹

MALTOFER

A. Oral Iron Syrup 150mL \$19.99
B. Oral Iron 30 Tablets \$22.99

Always read the label and follow the directions for use.



SAVE \$5.96
OFF RRP*

\$25⁹⁹
EA

NERVODERM

Medicated Patch 5 Patches

Always read the label and follow the directions for use.

A



B



FROM

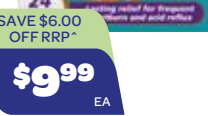
\$17⁹⁹

ATHELITE

A. Joint & Muscle Pain Relief PHYS10 Ultra Armour Spray 100mL \$17.99

B. Joint & Muscle Pain Relief Gel 125g \$24.99

Always read the label and follow the directions for use.



SAVE \$6.00
OFF RRP*

\$9⁹⁹
EA

GUARDIUM

Acid Reflux Relief 14 Tablets

Always read the label and follow the directions for use.

*Savings calculated on RRP provided by supplier at time of catalogue preparation and may not reflect previous in store selling price. *The percentage savings shown are calculated to the nearest 5% of the actual savings.

On Sale Thursday 4 - Wednesday 24 July 2024

Local at heart | LOCALLY OWNED AND OPERATED

COUGH & COLD

To beat cough and cold symptoms, prioritise plenty of rest, hydration and warm, soothing beverages like herbal teas. Over-the-counter remedies such as cough suppressants or decongestants can provide relief, but don't hesitate to consult our friendly pharmacist for personalised advice tailored to your needs. And remember, a touch of TLC goes a long way – so cozy up, take it easy and let your body do its thing while you bounce back to full health!



25% OFF RRP*

SAVE \$6.00 OFF RRP*

\$17⁹⁹ EA

DURO-TUSS
Lingerin Cough + Immune Support Liquid 350mL

Always read the label and follow the directions for use.

PHARMACY ONLY

SAVE \$5.50 OFF RRP*

\$12⁹⁹ EA

BISOLVON
Chesty Forte or Dry Cough Oral Liquid 200mL

Always read the label and follow the directions for use.

VALUE PACK

SAVE \$2.00 OFF RRP*

\$12⁹⁹ EA

STREPSILS
Herbal Cough+ or Chesty Cough+ Honey Lemon Flavour 32 Lozenges

Always read the label and follow the directions for use.

SAVE \$2.50 OFF RRP*

\$7⁴⁹ EA

STREPFEN
Intensive Honey & Lemon or Sugar Free Orange Flavour 16 Lozenges

Always read the label and follow the directions for use. Incorrect use could be harmful.

VICKS®

VapoDrops

DRY + CHESTY

NOW IN ON-THE-GO LOZENGE FORMAT

NEW

SAVE \$4.91 OFF RRP*

\$10⁹⁹ EA

SAVE \$7.00 OFF RRP*

\$9⁹⁹ EA

Always read the label and follow the directions for use.

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CODRAL
Cold & Flu + Mucus Cough 24 Capsules or
Day & Night Cold & Flu 24 Tablets
Always read the label and follow the directions for use.



PHARMACY CHOICE
Cold & Flu Day/Night Relief PE 72 Tablets
Always read the label and follow the directions for use.



SUDAFED
A. Nasal Decongestant 225 Sprays 20mL \$10.99
B. PE Nasal Decongestant 24 Tablets \$12.99
Always read the label and follow the directions for use.



VICKS
A. VapoSteam Inhalant Double Strength 200mL
B. WarmSteam Vaporizer
Always read the label and follow the directions for use.

Keeping Australians healthy
SINCE 1845.

30% OFF RRP*

Faulding
Cold Defence
Vitamin C 1000mg
Immune Combat

WARNING: ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.



FLO
A. Saline Plus Nasal Spray 30mL \$9.99
B. Nozoil Nasal Spray 15mL \$11.99
Always read the label and follow the directions for use.



NASONEX
Allergy Nasal Spray 140 Metered Sprays Twin Pack
Always read the label and follow the directions for use.



ALLERSEARCH
Ventair Max Nebuliser
Always read the label and follow the directions for use.



WELCARE
Ear Thermometer
Always read the label and follow the directions for use.



HOT HANDS
Hand or Toe Warmers 5 Pack



ZOVIRAX DUO
Cold Sore Treatment Cream 2g
Ask your pharmacist about this product.

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LIVING WITH DIABETES?

Diabetes is a serious medical condition that affects 1 in 20 Australians¹. National Diabetes Week runs from 14 – 21 July 2024.

Living with diabetes can be challenging at times, though it shouldn't prevent us from enjoying life and doing many of the things we want or love to do. Effective management of diabetes enables you to live life happily and well.

It is important to remember that you are not alone.

There is a lot of information available to help you understand your diabetes.

Our friendly healthSAVE pharmacist can support your diabetes wellbeing! They can provide a comprehensive review of your medications and offer valuable advice about how to get the most out of your medicines, such as what they're used for and how to properly use and store them.*



Scan the QR code to book an in-store health service[^]

*Only available at participating Pharmacies. This service is Government subsidised and subject to eligibility, therefore, you must be a current Medicare cardholder or Department of Veterans' Affairs (DVA) cardholder to participate. [^]Health services and availability vary at each pharmacy. References (accessed 1 May 2024) 1. ¹<https://www.aihw.gov.au/reports/diabetes/diabetes/contents/how-common-is-diabetes/all-diabetes> Diabetes: Australian Facts.

A COMPLETE AND NUTRITIOUS DRINK

SPECIFICALLY FORMULATED FOR PEOPLE WITH DIABETES



NUTREN Diabetes is a food for special medical purposes specifically formulated for people with diabetes who cannot meet their nutritional needs through diet modification alone. Must be used under medical supervision.

PRESERVATIVE FREE

FROM **\$23.99**



SYSTANE

A. Complete Preservative-Free Eye Drops 10mL \$23.99
B. Hydration Preservative-Free Eye Drops 10mL \$24.99

Always read the label and follow the directions for use.

Cationorm®
MORE THAN RELIEF

Locks in moisture to give dry eyes the time they need to heal



- + Advanced technology specifically designed for long-lasting protection
- + Gentle enough for everyday use
- + Suitable for use with contact lenses

See the difference



1 DROP UP TO 4 TIMES PER DAY ALWAYS FOLLOW THE DIRECTIONS FOR USE. Seqirus (Australia) Pty Ltd Melbourne, Victoria | Ph: 1800 642 865. Seqirus is a trademark of Seqirus UK Limited or its affiliates. Cationorm® is a registered trademark of Santen S.A.S. and distributed by Seqirus (Australia) Pty Ltd under license from Santen Pharmaceutical Asia Pte Ltd. Date of Preparation: May 2024. AU-Cati-24-0037.

Cationorm.com.au

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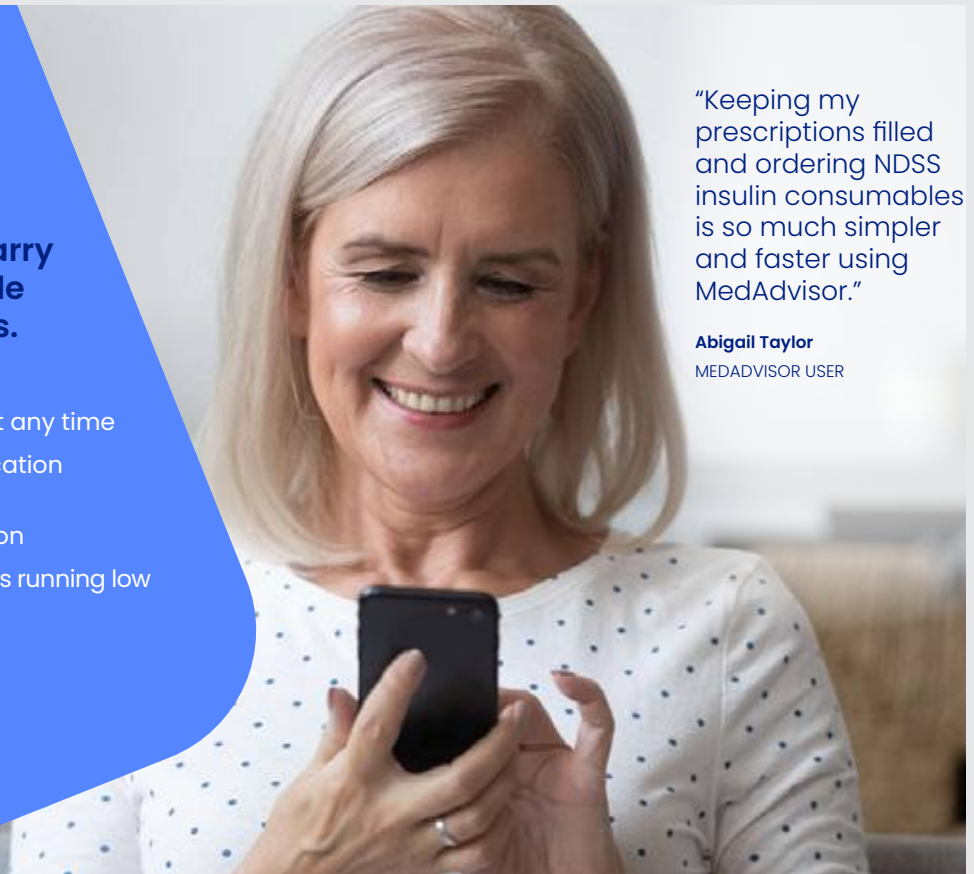
MedAdvisor

The MedAdvisor app helps carry the load of managing multiple prescriptions and NDSS items.

This free app helps you to

- ✓ Order medication and NDSS items at any time
- ✓ Click and collect or have your medication delivered
- ✓ Set reminders to take your medication
- ✓ Receive reminders when your supply is running low
- ✓ Manage medication for others

Download the free app today



"Keeping my prescriptions filled and ordering NDSS insulin consumables is so much simpler and faster using MedAdvisor."

Abigail Taylor
MEDADVISOR USER

Systane® COMPLETE Preservative-Free relieves all types* of Dry Eye symptoms for 8 hours

Systane®
COMPLETE



2 DROPS, 1 FOCUSED YOU

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.

*Aqueous deficient, evaporative and mixed dry eye. References: 1. Silverstein et al. Clin Ophthalmol 2020; 14: 3167-3177 (Sponsored by Alcon).
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Alcon



A COMPLETE AND NUTRITIOUS DRINK

SPECIFICALLY FORMULATED FOR PEOPLE WITH DIABETES



NUTREN Diabetes is a food for special medical purposes specifically formulated for people with diabetes who cannot meet their nutritional needs through diet modification alone. Must be used under medical supervision.

 Pharmacy Sleep Services
A Philips company

PHILIPS

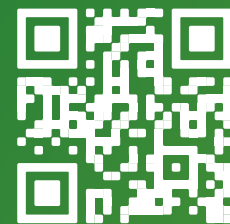
58%
of people with Type 2 diabetes have sleep apnoea¹

Most common sleep apnoea symptoms

- | | |
|---|---|
|  Daytime sleepiness |  Loud persistent snoring |
|  Poor concentration |  Frequent visits to the bathroom |
|  Early morning headaches |  Choking or gasping for air |



Are you at risk?
Scan the QR code to take the online Sleep Quiz.



1. Resnick HE, Redline S, Shahar E, et al. Diabetes and sleep disturbances: findings from the Sleep Heart Health Study. Diabetes Care 2003;26:702-709 [PubMed: 12610025].



SAVE \$3.00 OFF RRP*
\$13.49 EA



NAPROGESIC

24 Tablets

Always read the label and follow the directions for use. Incorrect use could be harmful.



SAVE \$2.00 OFF RRP*
\$9.99 EA



TRUST DIFENAC

30 Rapid Tablets

Ask your pharmacist about this product. Incorrect use could be harmful.



SAVE \$2.51 OFF RRP*
\$11.99 EA



VOLTAREN

Emulgel 50g

Always read the label and follow the directions for use.



\$7.99 EA

BRIGHT WIPE

Lens Cleaning Wipes 60 Pack or Lens Cleaner Antifog Spray 30mL with Microfibre Cloth



FROM **\$9.99**

EAR CLEAR

- A. Ear Ache Relief Drops 15mL \$9.99
- B. Ear Wax Remover Drops 12mL \$11.99

Always read the label and follow the directions for use.

WIN \$1K
GIVEAWAY EVERY WEEK FOR 10 WEEKS
WITH **ISOCOL™**
RUBBING ALCOHOL
Australia's own antiseptic.

Purchase any Isocol product and head to isocol.com.au/competitions to enter. Competition valid from 3/6/2024 - 9/8/2024. T&C's apply. Limited to one entry per person. Australian residents only.

Always read the label and follow the directions for use.

\$5.49 **\$9.99** **\$14.99**



FROM **\$3.49**

ELASTOPLAST

- A. Extra Tough Waterproof 16 Plasters \$3.49
- B. Extra Tough XL Waterproof 10 Strips \$4.99



SAVE \$16.58 OFF RRP*
\$45.99 EA

THERMOSKIN

Exo Thermal Stabilising Knee Sleeve (Variants)



SAVE \$4.96 OFF RRP*
\$19.99 EA

ROCKTAPE

Kinesiology Tape Roll 5cm x 5m (Selected Variants)

Always read the label and follow the directions for use.



SAVE \$5.01 OFF RRP*
\$19.99 EA

HOTEEZE

Heat Pads Large 10 Pack

painAWAY AUSTRALIA'S No. 1
TOPICAL PAIN RELIEF BRAND* CONTAINING ARNICA WITH ACTIVE INGREDIENTS TRADITIONALLY USED IN WESTERN HERBAL MEDICINE FOR THE RELIEF OF:

- ✦ SYMPTOMS OF MILD ARTHRITIS
- ✦ MILD JOINT PAIN & INFLAMMATION
- ✦ MUSCLE PAIN & INFLAMMATION
- ✦ MUSCLE SPRAINS & STRAINS
- ✦ BRUISING

SAVE \$5.46 OFF RRP*
\$9.49

SAVE \$9.96 OFF RRP*
\$17.99 EA

*IQVIA MAT DATA JAN 24 Always read the label and follow the directions for use.

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SAVE \$3.96 OFF RRP*

\$8⁹⁹ EA

NEXIUM
24HR 20mg 7 Tablets
Always read the label and follow the directions for use.



SAVE \$4.01 OFF RRP*

\$9⁹⁹ EA

COLOXYL
With Senna Dual Action Constipation Relief
90 Tablets
Always read the label and follow the directions for use.



SAVE \$3.00 OFF RRP*

\$15⁴⁹ EA

BENEFIBER
Fibre Supplement 261g



\$7⁹⁹ EA

TRUST
Travel-Ease For Adults or For Kids 24 Chewable Tablets
Always read the label and follow the directions for use.



SAVE \$4.01 OFF RRP*

\$17⁹⁹ EA

SOUVENAID
125mL 4 Pack (Variants)
Food for Special Medical Purposes. Use under medical supervision.




SAVE \$12.00 OFF RRP*

\$37⁹⁹ EA

FEROGEN
Iron + Vitamin C 90 Tablets
Always read the label and follow the directions for use.




SAVE \$15.00 OFF RRP*

\$44⁹⁹ EA

NATALIS
Pregnancy Support 100 Tablets
Always read the label and follow the directions for use.

BATHROOM FAVOURITES




25% OFF RRP*

AVEENO
Skincare Range (Selected Variants)



SAVE \$5.00 OFF RRP*

\$17⁹⁹ EA

PHISOHEX
Anti-Bacterial Face Wash 500mL



SAVE \$7.00 OFF RRP*

\$11⁹⁹ EA

DERMAL THERAPY
Very Dry Face Cleanser 175mL or Face Cream 50g



SAVE \$1.60 OFF RRP*

\$6³⁹ EA

SKIN CONTROL
Pimple Patch AM or PM 24 Pack



SAVE \$7.50 OFF RRP*

\$17⁴⁹ EA

GROWTH BOMB
Shampoo or Conditioner 300mL

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WINTER KIDS

Keeping kids healthy during the winter months involves a combination of preventative measures and healthy habits.

Ensure they eat a balanced diet and stay hydrated with water and warm beverages.

And don't forget to encourage regular handwashing, covering mouths when coughing or sneezing and maintain good indoor air quality to limit exposure to illness.



SAVE \$5.00 OFF RRP*
\$19.99

RITE AID
A. Baby Nail Trimmer
B. Nasal Aspirator



SAVE \$9.90 OFF RRP*
\$39.99



SAVE \$3.00 OFF RRP*
\$19.99 EA

SINUPRET
Syrup 100mL

Always read the label and follow the directions for use.



SAVE \$2.16 OFF RRP*
\$21.99 EA

PANADOL CHILDREN
5-12 Years Colour-Free Orange or Strawberry Oral Liquid 200mL

Always read the label and follow the directions for use. Incorrect use could be harmful.



FROM
\$19.99

NUROFEN FOR CHILDREN
A. 3 Months - 5 Years Oral Liquid 200mL (Variants) \$19.99
B. 5-12 Years Oral Liquid 200mL (Variants) \$26.99

Always read the label and follow the directions for use. Incorrect use could be harmful.



SAVE \$4.50 OFF RRP*
\$14.49 EA

DEMAZIN
Kids 2+ Cough + Immune Defence Syrup 200mL

Always read the label and follow the directions for use.



SAVE \$7.21 OFF RRP*
\$27.99 EA

CLARATYNE
Children's Bubblegum or Grape 30 Chewable Tablets
Always read the label and follow the directions for use.



SAVE \$10.95 OFF RRP*
\$59

ABLE
VapourMist



SAVE \$3.96 OFF RRP*
\$9.99 EA

AVENT
Ultra Air Soothers 0-6 Months or 6-18 Months 2 Pack

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HOT PRICE!



SAVE \$2.01
OFF RRP*

\$3.49
EA

MORNING FRESH

Dishwashing Liquid 400mL (Selected Variants)



SAVE \$8.01
OFF RRP*

\$11.99
EA

RADIANT

Whites or Colours or Mixed Colours Laundry Liquid 2 Litres



\$2.99
EA

KLEENEX

Wellbeing Aloe Vera & Vitamin E or Eucalyptus Tissues 95 Pack



SAVE \$4.00
OFF RRP*

\$9.49
EA

SORBENT

Silky White Toilet Paper 16 Rolls



SAVE \$1.51
OFF RRP*

\$5.99
EA

DETTOL

Instant Hand Sanitiser Original or Refresh 200mL



25% OFF RRP*

SKYN

Condom & Lubricant Range (Selected Variants)
Always read the label and follow the directions for use.



20% OFF RRP*

TENA

Range (Selected Variants)



20% OFF RRP*

SAVE \$8.01
OFF RRP*

\$31.99
EA

TOM

Organic Period Cup Size 1 or 2
Always read the label and follow the directions for use.

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LOCAL at heart

LOCALLY OWNED
AND OPERATED



Join healthSAVE to earn & redeem points on purchases.
Sign up at your local store today!